Digital radiography: Step out of the dark

By Carla Gantz, RDH

Are you in love with your dark room? Does the team fight over who “gets to clean” the processor? Will it break their hearts when they learn that they’ll never have to change the solutions again?

What about the controlled panic when someone realizes, “We’re out of film!” How many times have you gathered up your X-rays to mount only to discover these films are not your patient’s?

So why are you still using film? I’ve been in dentistry for 27 years, — 14 years as an extended duty dental assistant and the last 15 years as an RDH. I can relate to the above, as the saying goes: “Been there, done that.”

Nine months ago, I changed to a chartless practice, which means digital radiography. What are my thoughts about going digital? I love it! Please allow me to share some of my experiences, and hopefully, enlighten you about the benefits of digital radiography.

A little advice

We all learn from our mistakes so please learn from me. When using Eaglesoft software, you will need to pull up the X-ray section on the computer before you step out of the room and press the button, then to return and realize “zilch.”

Unless you are using a wireless sensor, the sensors are attached with a cable that connects to your computer. Don’t put the cable between you and the door.

Create this vision in your mind: I place the sensor in my patient’s mouth, ask him to bite down, turn for the door and then notice that the only way I’m making the door is by doing the limbo.

My first few of patients had the pleasure of watching me turn vari-

ADHA announces leadership

Caryn Loftis-Solie, RDH, of Sparks, Nev., was inaugurated as the 2010–2011 president of the Chicago-based American Dental Hygienists’ Association (ADHA) on June 29, at the association’s 87th annual session held in Las Vegas.

“Having the honor to serve as president of the American Dental Hygienists’ Association for the coming year should be both challenging and rewarding,” Solie said.

“With the changing landscape of oral health care in America, coupled with recent health care reform, there has never been a better opportunity for dental hygienists to utilize their education and training to their fullest potential in providing care to the public. I look forward to the opportunity of helping guide the ADHA through this period of change.”

Solie has served in numerous positions within the ADHA, including vice president, delegate, district XII trustee and as a member of

ADHA officers

- President: Carybn Loftis-Solie, RDH, Sparks, Nev.
- President elect: Pamela L. Quinones, RDH, BS, Rockville, Md.
- Vice president: Susan Savage, RDH, BSDH, Ellensburg, Wash.
- Speaker of the house: Carol Jo “CJ” Inman, RDH, BS, PRP, Ashland, Ore.
- Treasurer: Hope Garza, RDH, BS, Houston

New district trustees

- District II (Conn., N.J., N.Y., Pa.): Megan Brightbill, RDH, BS, Harrisburg, Penn.
- District X (Coto. Mont., Utah, Nyo.): Tonette Hollingsworth, RDH, Butte, Mont.

Re-elected district trustees

- District VI (Ala., Ark., La., Miss., Tenn.): Victoria E. Richards, RDH, BS, Nashville, Tenn.

District trustees continuing their terms

- District V (Ind., Ky., Mich., Ohio): Denise E. Bowers, RDH, MSEd, Lima, Ohio
- District VII (Minn., N.D., S.D., Wis.): LouAnn M. Goodmough, RDH, BSDH, Burnsville, Minn.
- District IX (N.M., Okla., Texas): Sandra L. Tresch, RDH, MSHP, Austin, Texas
- District XI (Ariz., Calif.) (Scottsdale, Ariz.

For more information, please visit www.ADHA.org.
Dear Reader,

During my travels throughout the country, I have had the pleasure to come in contact with hundreds, if not a couple thousand, dental professionals. It is amazing to have this opportunity. I get to see professionals in settings of continuing education courses, large state or national meetings as well as in their office environments.

While most of my contacts are with dental hygienists, recently I have been spending a few minutes at a time with front desk personnel as I act as a product educator for Xlear. At a time with front desk personnel and the hygiene team, but not what I am asking the front desk personnel, office managers, dental receptionists, and dental hygienists, etc. While the vast majority of staffers give me a vast majority of messages, I get to see professionals. It is amazing to have this opportunity. I get to see professionals in settings of continuing education courses, large state or national meetings as well as in their office environments.

I am most delighted how well I can be added to your registration. While it is not necessary to be able to fully explain everything in detail, it is essential every team member knows which products are being talked about, which services are being offered and what office policies are in motion.!

Best Regards,

Angie Stone, RDH, BS

Have you been thinking ‘outside of the box’ and seeing wonderful results? If so, share your story with us and it might be featured in Hygiene Tribune! Please send stories to Group Editor Robin Goodman at r.goodman@dental-tribune.com.

Mark your calendar!

ADHA 88th Annual Session in Nashville, Tenn.
June 15–21, 2011

Nashville Convention Center and Renaissance Marriott Hotel

- Registration will open in mid-January
- ADHA members: $190 (Members who register online from mid-January through mid-February will pay only $145, a $45 savings.)
- ADHA student members: $99
- C.E. courses: Prices range from $50 to $60 per course, and can be added to your registration.

Tell us what you think!

Do you have general comments or criticism you would like to share? Is there a particular topic you would like to see addressed in Hygiene Tribune? Let us know by e-mailing feedback@dental-tribune.com. We look forward to hearing from you!

If you would like to make any change to your subscription (name, address or to opt out) please send an e-mail at databases@dental-tribune.com and be sure to include which publication you are referring to. Also, please note that subscription changes can take up to 6 weeks to process.
It works with any #1 or #2 sensor or full mouth series with just one holder. DENTSPLY also makes the XCP-DS® sensor position system that is fully steam autoclavable. The aiming rings, bite pieces and arms are all color-coded, not only to ensure correct positioning but also to save time with assembling (and we all need to save time).

Adjunct products

Because digital sensors are thicker than conventional film, you will need to purchase some products to keep your patients comfortable. If you choose to take the disposable route, may I suggest you check out DENTSPLY Rinn? DENTSPLY offers a disposable holder called the Uni-Grip®. The Uni-Grip is designed to take a full mouth series with just one holder. It works with any #1 or #2 sensor or phosphor plate, is easy to attach, uses color-coding to ensure correct positioning and may be discarded when done.

DENTSPLY also makes the XCP-DS® sensor position system that is fully steam autoclavable. The aiming rings, bite pieces and arms are all color-coded, not only to ensure correct positioning but also to save time with assembling (and we all need to save time).

Infection control

With conventional radiography you discard the film backing and autoclave the XCP or Snap-A-Ray. With a digital sensor, you can use it repeatedly. Thus, you need a barrier to fit the sensor, plus something to help protect the patient’s soft tissue.

Because the sensors are thicker than film, and we already know how patients react when we need to take lower periapicals, sensor softness is a consideration.

New Wave Dental makes a cushion for the sensor. It’s an all-in-one barrier sleeve called Wrap-Ease® and can be purchased from Crosstex.

New Wave Dental also makes what are called Sensor Slippers® (also available through Crosstex), which are for when you are using the Snap-A-Ray or the Eezee-Grip and the sensor keeps slipping due to the barrier. The cushion prevents the slippage and at the same time creates a softer edge for the patient’s mouth. The company also has something called the Edge-Ease®, which adheres to the edge of the sensor barrier.

Indeed, New Wave Dental did not forget about patients that have a problem biting on the XCP bite piece, so you can “trick” the patient by using Bitewing-Ease®. This barrier pad adjusts to fit all manufacturer’s sensor and folds to create a bite tab.

A final word

If you are not using digital radiographs, my advice is to start researching. Yes, expect to spend some money, but did you know that most offices use a conventional dental X-ray unit as the source for radiation? Take into account that digital sensors are more sensitive to radiation and require 50 percent to 80 percent less of a radiation dose than film.* Even though we are using less radiation, the lead aprons are still needed to protect patients.

Can you tell I like digital radiography? Once I learned how to use the magnification feature, it occurred to me that I had been in the dark long enough.  

About the author

Carla Gantz is currently a practicing dental hygiene clinician and treatment planner coordinator for the office of Dr. Thurman, Welborn and Cassady in Glasgow, Ky. She is a 1996 alumna of Western Kentucky University, past president of the Kentucky Dental Hygienists’ Association and a CareerFusion member. In addition, Ganz has been presenting webinars since 2009. You may contact Gantz at dsood@emic.com.

Products to help you ‘go digital’

**DENTSPLY Rinn**

- Uni-Grip disposable holder
- XCP-DS sensor position system
- XCP-DS disposable card holder
- Eezee-Grip digital sensor holder
- Snap-A-Ray film holder

**New Wave Dental (sold through Crosstex)**

- Wrap-Ease sensor wrap around pad
- Sensor Slippers barrier pad
- Edge-Ease wrap around pad
- Bitewing-Ease wrap around pad

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No. 1: Caesars Palace lobby.
No. 2: ADHA registration desk.
No. 3: Eiffel Tower restaurant.
No. 4: Robert Boyd, DDS, chair-
man of the Department of Ortho-
dontics at the Arthur A. Dugoni
School of Dentistry of the Universi-
ty of the Pacific in San Francisco,
speaks on ‘Improving Periodon-
tal Health Through Orthodontic
Treatment.’
No. 5: This line equates to a
one hour and 45 minute wait to
check into the Caesars Palace
Hotel.
No. 6: The pool at Caesars
Palace is a constant buzz of
activity.
No. 7: Celebrity chef Danny Boone (left)
with Dental Tribune America Group Editor
Robin Goodman. Boone joined forces with
Crest Pro Health System to host the ADHA
Annual Session: P&G Oral Health Breakfast
Event. Boone delivered a presentation on
breakfast foods that are good for your oral
health and demonstrated how to make the
perfect omelet, a Morning Glory fruit salad
and his super smoothie.
No. 8: It looks quite peaceful outside the
students and new professionals room.
No. 9: A waterhorse statue outside the
Caesars Palace Hotel.
No. 10: Despite the calm appearance out-
side its door (No. 8), inside the students
and new professionals room is jammed
with attendees enjoying themselves.
No. 11: Attendees line up early for the opening of the exhibition hall. The line snaked down the hallway and around a corner.

No. 12: Colgate-Palmolive Academic Manager Judy O’Brien, RDH, (left) with Colgate-Palmolive Senior Manager of Professional Relations Karen A. Raposa, RDH, MBA. Raposa spoke on, ‘Bridging the Gap: Dental Treatment for Patients with Autism,’ during the meeting.

No. 13: Sharie Burch, RDH, MPH, EdD (left) and Audrey Ticknor, RDH, MA, speak on, ‘What’s the Big Deal About Meth and How do Hygienists Respond?’

No. 14: The chocolate fountain at Jean Philippe Patisserie in the Bellagio Hotel. The chocolate is inedible because it has a high oil content to keep it flowing.

No. 15: A close-up of one of the fish tanks at Beijing Noodle House No. 9 at Caesars Palace Hotel.

No. 16: Edward Haas and Eve, a 4-year-old Colombian boa constrictor that Haas rescued as part of his company Reptile R.E.P.S. (relocation, education and protection services). The company is a privately funded rescue organization that is open to any exotic animal in need, but specializing in reptiles. You may visit them on Facebook at REPTILE REP S, or e-mail Haas at reprlereps@yahoo.com for more information or to make a donation.

No. 17: The Bellagio Hotel water show attracts a crowd during the day and at night, when the waterfalls are lit up.
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